

EARN WHILE YOU LEARN



What type of things can you learn?

Earn While You Learn has many great topics from which to choose. Give us a call or come in today and we can work together to make a plan that is best for you! Here are a few of the topic choices:

- The First Trimester
- Prenatal Care
- Eating for Two
- Going It Alone
- Your Developing Baby
- Smoking
- Ultrasounds
- What's Safe, What Isn't
- Bonding with Your Baby
- Your Changing Body
- The Second Trimester
- Understanding Your Baby's Cry
- Your Baby's Secret World
- Reducing the Risk of SIDS
- The Third Trimester
- Getting Ready for Baby
- Eye Contact Means Love
- Infant Temperament
- The Importance of Bonding
- Infant Massage
- Newborn Care
- Bathing and Sleep
- Caring for Yourself
- Childhood Immunizations
- The Parent-Child Relationship
- Safe from the Start
- Parenting with Respect
- Quality Child Care
- Talk, Play, Music, and Reading
- Pediatric Emergencies
- Routine Illnesses
- Car Seat Safety
- Your Baby Can Sleep
- Domestic Violence
- Food for Growth
- Looking at Adoption
- Your Baby's Development
- Preventing Child Sexual Abuse
- Shaken Baby Syndrome
- Postpartum
- Your Healthy Baby
- Ready to Learn
- Happiest Baby on the Block
- Toilet Training
- Benefits of Breastfeeding
- Techniques and a Good Latch
- Getting Enough Milk
- Growth Spurts and Essentials
- Returning to Work
- Labor 101
- Newborn Milestones
- Three to Four Month Milestones
- Six to Nine Month Milestones
- Twelve Month Milestones
- 12 Months – Big Changes
- 15 months – Growing Up
- 18 months – Ms. Personality
- 2 years – Mr. Independent
- 3 years – Big Kid
- Life with Toddler
- Temper Tantrums
- Competing for Attention
- More Toddler Nutrition
- Sign with Your Toddler
- The Happiest Toddler
- Whining and Arguing

Lesson Topics, continued

- The Sleepy Solution
- Painless Parenting
- 1-2-3 Magic
- Testing and Manipulation
- Counting in Action
- Tantrums Needn't Be Forever
- Parenting, Roll Up Your Sleeves
- Seven Tactics for Good Behavior
- The Family Meeting
- Have a New Kid by Friday
- Your Child's Personality Type
- The Major Destroyer of Families
- Providing Loving Support
- Contracts: Setting Limits
- Developing a Close-Knit Family
- Ten Ways to Motivate Your Child
- The Seeds of Self-Esteem
- Make Your Child Feel Special
- Why Your Child Needs Discipline
- Irresponsibility vs. Defiance
- Anger vs. Action
- Finding Balance in Discipline
- To Spank or Not to Spank
- Changing Discipline with Time
- Eight Key Aspects of Character
- I'm Not The Only One Who Matters
- Beyond "Because I'm the Mommy"
- Child Abuse and Neglect
- Fetal Alcohol Syndrome and Drugs
- Unborn Addicts
- Miscarriage
- Money Management 101
- Basics of Budgeting
- Checking Accounts
- Positive Credit
- Saving for the Future
- Apartment Renting 101
- Roommates - Conflict Resolution
- Furnishing and Decorating
- Housecleaning 101
- Time Management
- Shopping for a Car
- Insurance Needs
- Using a Recipe
- Surviving at the Checkout
- Menu Planning
- Gearing Up for the Job Search
- And many more!

For more information about our Parenting Program contact:

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EARN WHILE YOU LEARN

EARN WHAT YOUR BABY NEEDS
BE THE BEST PARENT YOU CAN BE



EARN WHILE YOU LEARN



Is "Earn While You Learn" for Me?

Pregnancy and parenting are filled with lots of uncertainty. This program helps to answer many of the questions you have and ease your anxiety.

You can "Earn While You Learn" – With each lesson that you complete you will earn credits for baby supplies and other materials.

Many people want to learn how to be good parents and raise a healthy, happy child.

The center staff is available to provide support and resources during this time of transition and change.

The lessons are fun, interesting and practical. We can help you learn how to be the best parent you can be!

"I enjoy the knowledge I receive in the Earn While You Learn classes. I was amazed by the amount of information I was given. It all makes me feel more comfortable with what I am going through, because I know more about what to expect."

Nichole, Expecting Mother

Earn things your baby needs:

As a part of our Earn While You Learn Parenting Program, we give you an opportunity to earn credits that you can use to "purchase" materials like maternity and baby clothes, blankets, diapers, formula and other much needed supplies.



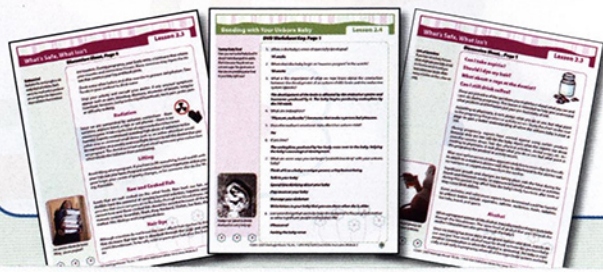
We may even have items like cribs, car seats, strollers and other baby furniture available through the program. At our center we provide you with an opportunity to learn how to be the best parent you can be. Earn While You Learn will help you to understand what to expect in pregnancy and beyond.

Through regular lessons that include videos and worksheets, you'll learn important and interesting information about your pregnancy and your baby.

There are a number of topics to choose from and our staff will put together a lesson plan that is unique to your needs.

And best of all, you will work with a parenting instructor who will be able to help you better understand the challenges and joys that lie ahead for you and your baby.

We would love to have you involved in our program and show you the supplies and materials you can earn from our center!



"This program has been a blessing for me. I am expecting my fourth child and I have learned so much I never knew about. I have the ability to learn and to earn Mommy Money to be able to purchase anything from diapers and clothes to car seats. This program has helped me and everyone is so wonderful here."

Deena, Mother expecting her fourth

Learning the things YOU need:

Wouldn't it be great to KNOW that you are being a GREAT parent? ... to know that you are doing what you need to do to raise your child right? ... and to earn the items you need for your baby while you are learning? With Earn While You Learn you can do all of those things plus learn on many more important and useful topics. Getting started is easy. Just come into our center today and we will get you started with your very own personalized lesson plan. There is no cost, there is no commitment, there is only opportunity to learn and succeed.

"I really appreciate this program. It's interesting and a lot of help to me and my family. I really didn't know how I was going to make it before I took these classes!"

Mother of a 3 year-old & infant