

What can you learn?

Earn While You Learn has many great topics from which to choose. Give us a call or come in today and we can work together to make a plan that is best for you! Here are a few of the topic choices:

Pregnancy

First Trimester including Prenatal Care, Eating for Two, Your Ultrasound Appointment and Your Developing Baby.

Second Trimester including Emotions of Pregnancy, Bonding with your Baby, and Your Changing Body.

Third Trimester including Getting Ready for Baby, Birth Coaching, and Big Belly Mommy Hacks.

Pregnancy Special Circumstances

Labor & Delivery

Breast Feeding including Why Breastfeeding, Going Back to Work, Formula Feeding and Problems and solutions.

Infant Care including Infant Expectations and Infant Hygiene.

Infants

Infant Medical Care including Infant SIDS, and Infant Accidents and Illnesses.

Infant Strategies including Infant Nutrition, Baby on the Move, Sleep and Crying

Mommy Strategies including Moms with Careers and Nutrition for Moms.

Infant Bonding

Infant Milestones

Toddler Milestones

Toddlers

Toddler Parenting Strategies including Sleeping, Bedtimes and Mornings, Tantrums, Whining, and Potty Training.

Parenting Your Toddler's Heart

Toddler Medical including Toddler CPR, Toddler Safety and Toddler Accidents and Illnesses.

"I enjoy the knowledge I receive in the Earn While You Learn classes. I was amazed by the amount of information I was given. It all makes me feel more comfortable with what I am going through, because I know more about what to expect."

Nichole, Expecting Mother

More Lesson Topics

Parenting

Parenting Strategies
Parenting the Heart of Your Child
Parenting for Your Child
Separated Families
Stepparenting

Life Skills

Money Management: Debt
Money Management: Budgeting
Home Management
Interview and Job Skills
Sexual Risk Avoidance

For more information about our Parenting Program contact:

Family Resource Center of Zion
FRCZION.ORG
847-731-8360

©2018 Heritage House '76, Inc.
and its licensors. All rights reserved.
919 S. Main St. Snowflake, AZ 85937
1-800-858-3040 item no. 9991EW 9-1-2018
Reprints and quantity discounts available at: www.EWYLOnline.org



EARN WHILE YOU LEARN

EARN WHAT YOUR BABY NEEDS
BE THE BEST PARENT YOU CAN BE



Is "Earn While You Learn" for Me?

Pregnancy and parenting are filled with lots of uncertainty. This program helps to answer many of the questions you have and ease your anxiety.

You can "Earn While You Learn" – With each lesson that you complete you will earn credits for baby supplies and other materials.

Many people want to learn how to be good parents and raise a healthy, happy child.

The center staff is available to provide support and resources during this time of transition and change.

The lessons are fun, interesting and practical. We can help you learn how to be the best parent you can be!



"I have spent quite a bit of time studying the material presented in the Earn While You Learn program. It has been great for me. Being a first time mom with a non-existent family, I have taken the lessons presented and committed them to heart and memory. I am truly grateful for the guidance they have given me. They have honestly helped me be the best mom I can be."

Mother of One



EARN WHILE YOU LEARN

Earn things your baby needs:

As a part of our Earn While You Learn Parenting Program, we give you an opportunity to earn credits that you can use to "purchase" materials like maternity and baby clothes, blankets, diapers, formula and other much needed supplies.

We may even have items like cribs, car seats, strollers and other baby furniture available through the program. At our center we provide you with an opportunity to learn how to be the best parent you can be. Earn While You Learn will help you to understand what to expect in pregnancy and beyond.

Through regular lessons that include videos and worksheets, you'll learn important and interesting information about your pregnancy and your baby.

There are a number of topics to choose from and our staff will put together a lesson plan that is unique to your needs.

And best of all, you will work with a parenting instructor who will be able to help you better understand the challenges and joys that lie ahead for you and your baby.

We would love to have you involved in our program and show you the supplies and materials you can earn from our center!

"This program has been a blessing for me. I am expecting my fourth child and I have learned so much I never knew about. I have the ability to learn and to earn Mommy Money to be able to purchase anything from diapers and clothes to car seats. This program has helped me and everyone is so wonderful here."

Mother expecting her fourth

Learning what YOU need:

Wouldn't it be great to KNOW that you are being a GREAT parent? ... to know that you are doing what you need to do to raise your child right? ... and to earn the items you need for your baby while you are learning? With Earn While You Learn you can do all of those things plus learn on many more important and useful topics. Getting started is easy. Just come into our center today and we will get you started with your very own personalized lesson plan. There is no cost, there is no commitment, there is only opportunity to learn and succeed.

"I really appreciate this program. It's interesting and a lot of help to me and my family. I really didn't know how I was going to make it before I took these classes!"

Mother of a 3 year-old & infant

